

Name: _____

Date: _____

What Does the Body Say?

Our bodies send us signals. Look at each face, then match it to what the body is saying.

1 Match it Draw a line from each signal to what it means.



yawning



tummy rumbling



shivering



sweating



smiling



crying



cold



happy



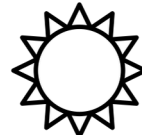
tired



sad or hurt



hungry



hot

Listen to your body!

